

TEN HANDS

Café Bar

Breakfast

Served until 11.30 am Mon-Sat * All day Sunday

Ten Hands Breakfast

Bacon, sausage, eggs, mushrooms, roasted tomato, potato rosti, baked beans, sourdough toast

FULL £11.95 HALF £9.65

Ten Hands Veggie Breakfast (V)

Halloumi, corn cob, eggs, mushrooms, roasted tomato, potato rosti, baked beans, sourdough toast
£10.75

Ten Hands Vegan Breakfast (V, VG)

Sweet potato cake, corn cob, avocado, mushrooms, spinach, roasted tomato, baked beans, sourdough toast
£10.50

Buttermilk Pancakes

Bacon & Maple Syrup £9.50
Greek Yoghurt & Berries (V) £9.00
Nutella & Banana (V) £8.00
Banana & Biscoff (V) £8.00

NEW FLAVOURS

Salted Caramel Baked
Banana £8.00
Oreo & White Chocolate
£8.50

Banana & Blueberry Baked Oats (V, VG)

Oats, banana, blueberries, almond milk, maple syrup
£9.00

House Granola (contains nuts) (V, VG)

Our own granola recipe with oats, dried fruits, seeds, nuts, coconut oil, maple syrup.
Served with Greek style yoghurt or oat milk and fresh berries
£6.95

Bacon or Sausage Ciabatta (WEEKDAY MORNINGS ONLY)

Bacon £6.45 Sausage £6.95

Extras: Bacon £2.50 Sausage £2.10 Halloumi £2.25

PLEASE LET STAFF KNOW IF YOU HAVE ANY FOOD ALLERGIES

(V) Vegetarian (VG) Vegan (GF) Gluten Free

All Day Eggs

Avocado Smash on Toasted Sourdough (V)

topped with two poached eggs or roasted tomatoes and scattered with pancetta, chilli flakes, Zataar (contains sesame seeds*) or dukkah (contains nuts & sesame seeds*)
£9.95

Eggs Benedict

House ham, topped with two poached eggs and house made hollandaise sauce on a toasted English muffin
£9.95

Eggs Royale

Smoked salmon, topped with two poached eggs and house made hollandaise sauce on a toasted English muffin
£9.95

Eggs Florentine (V)

Buttered Spinach, topped with two poached eggs and house made hollandaise sauce on a toasted English muffin
£9.50

Three Eggs Your Way (V)

Choose from Scrambled, Poached or Fried on toasted sourdough £9.00 add extra bacon +£2.50

Scrambled Eggs Royale

Smoked salmon, three scrambled eggs, chives, cream and seasoning on toasted sourdough
£9.95

Shakshuka (V)

Three eggs baked in a rich and warming onion, tomato and pepper sauce served with toasted sourdough
£9.95 add Halloumi +£2.25

Huevos Rancheros (V) (gluten free tortillas now available)

Tortillas, spicy ranch sauce, refried beans, feta cheese, jalapeños, avocado, two fried eggs, coriander
£9.95

Gluten Free Bread Available

Lunch
Served from 11.30 am every day

PLEASE LET STAFF KNOW IF YOU HAVE ANY FOOD ALLERGIES

(V) Vegetarian (VG) Vegan (GF) Gluten Free

Gluten Free Bread Available

Seasonal Soup (V, VG, GF) (some contain cream) See board for selection of house made soups.

Served with a ciabatta roll or cheese scone £7.50

Croque Monsieur

French style toasted sandwich with ham, dijon mustard, cheese, béchamel sauce. Served with lightly salted crisps

£7.95 **top with a fried egg** +£1.25

Ten Hands B.L.T

Double-decker toasted bacon, lettuce and tomato sandwich with house mayo. Served with lightly salted crisps

£8.75 **add extra avocado** +£2.25

Pesto, Mozzarella, Spinach & Tomato Panini (V) (vegan option available)

Served with lightly salted crisps

£7.50

Mac & 3 Cheese Sauce (Veggie option available)

Freshly baked to order, topped with pancetta and bread crumbs

£8.95

Loaded Nachos (Vegan option available)

Tortilla chips loaded with beef chilli or bean chilli, avocado, cheese, sour cream, jalapeños, coriander

£9.50

Buttermilk Chicken Fillet Burger

Whole Chicken breast marinated in our secret dry brine, dipped in buttermilk then seasoned flour and fried to order. Served in a brioche bun with house mayo, tomato, lettuce and skin-on fries

£13.50 **add extra bacon** +£1.25

Quesadilla (Gluten Free, Veggie and Vegan option available)

Chorizo, sweet potato, mozzarella, sweetcorn, spring onion, red pepper, jalapeños in toasted flour tortilla. Served with skin-on fries

£9.50

Mexican Chicken Quesadilla

Marinated chicken breast sautéed with red pepper & onion in a lightly toasted corn tortilla with salsa, mature cheddar, avocado. Served with skin-on fries

£10.75

Homemade Fish Finger Ciabatta

Cod loin fish fingers in an artisan ciabatta, homemade tartare sauce, lettuce & tomato. Served with skin-on fries £10.75

Sides/add ons:

Griddled Halloumi £3.75 Skin-on Fries £3.50 Sweet Potato Fries £3.50 Smoked Salmon £2.75 Smashed Avocado £2.50